## How Service Providers Can Help A Family Member Say Goodbye to a Dying Loved One from a Distance

## Sample Script v2

Clinician	Family
I'm one of the doctors on the team. I'm here	Wow. I have no idea what to do or what to
to walk you through this.	say
We have the opportunity to make this time	My mind is blank, honestly
special. Do you want to think for a minute?	
Here are 5 things you might want to say. Just	Maybe I'll just start with Thank you. Is that
pick the ones that ring true for you	ok?
Please forgive me	
I forgive you	
Thank you	
I love you	
Goodbye	
Do any of those ring true for you?	
I think that is a beautiful thing to say	But can he even hear me?
He can probably hear you even if he can't	Ok. I'll do thank you, and see where it goes
answer. He'll recognize your voice.	from there.
"If my [daughter] were saying that to me, I	Silence cut
would feel so valued and so touched."	
You can start whenever you're ready. I have	Hey dad it's me
the phone right next to his ear.	
Blackout	
	I think I've said everything
It was so loving. I felt privileged to be part of	Oh thank you.
it. How are you doing?	
I can see that he meant so much to you.	He was an amazing man. I am going to miss
	him.
Can you stay on the line for a minute? I just	
want to check on how you are doing.	

## VitalTalk, 2020

https://www.vitaltalk.org/guides/covid-19-communication-skills/